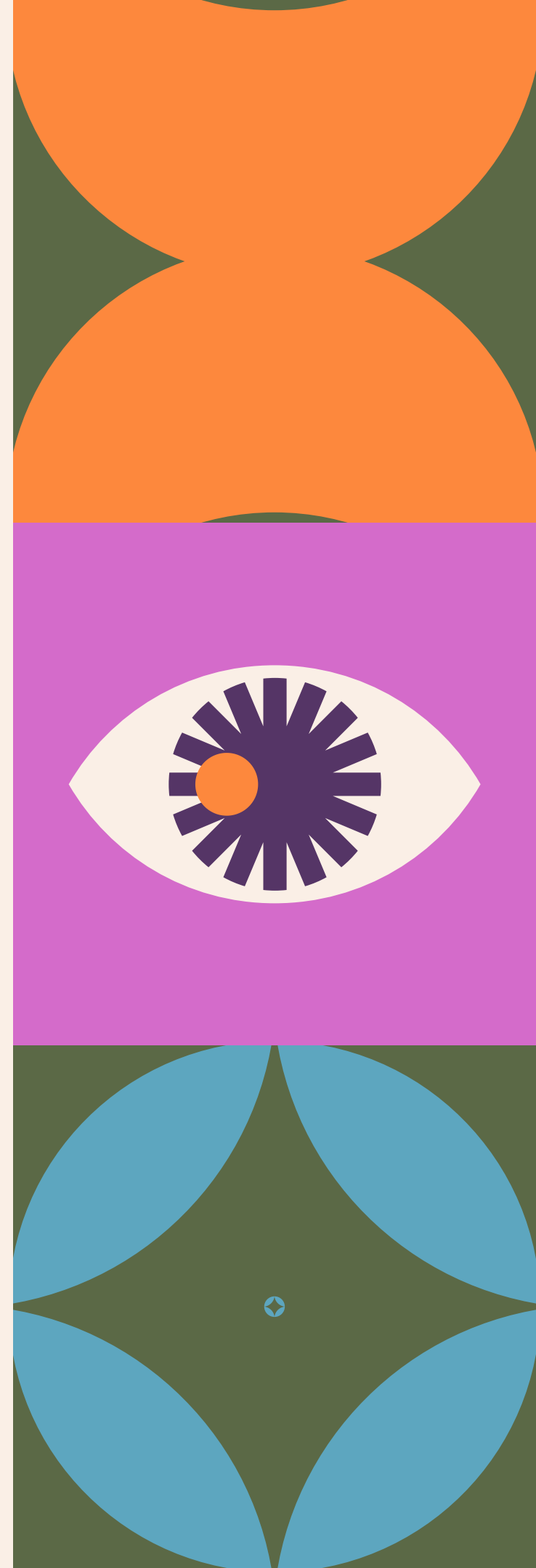
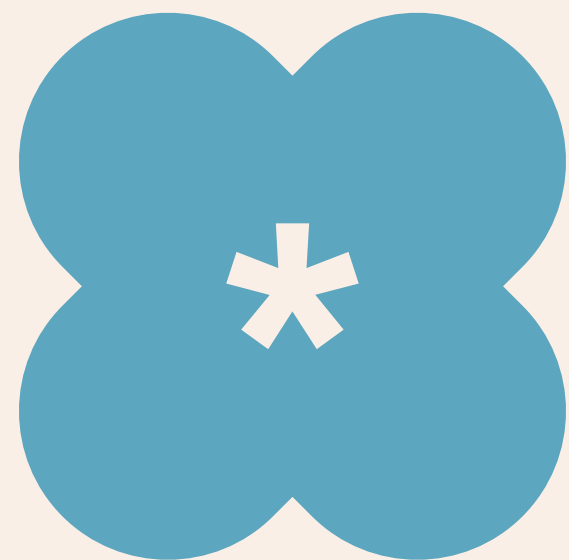


- Teen pregnancy
- Postpartum Depression





Global Girls Teen Fellowship (GTF)

- The Global Girls Teen Fellowship empowers girls of color ages 14 to 17 years old in our partner countries: Brazil, South Africa, Trinidad & Tobago, and the United States through participation in advisory gatherings.
- Our Mission
To empower and support our fellows, so they can make positive changes in their communities.
- GTF started the 12-week virtual workshop on Feb. 4th, 2023 with the first cohort of 10 fellows. The topics for the workshop include Youth Activism, Birth Justice, Racial Justice, and Self-Esteem.



Teen Pregnancy

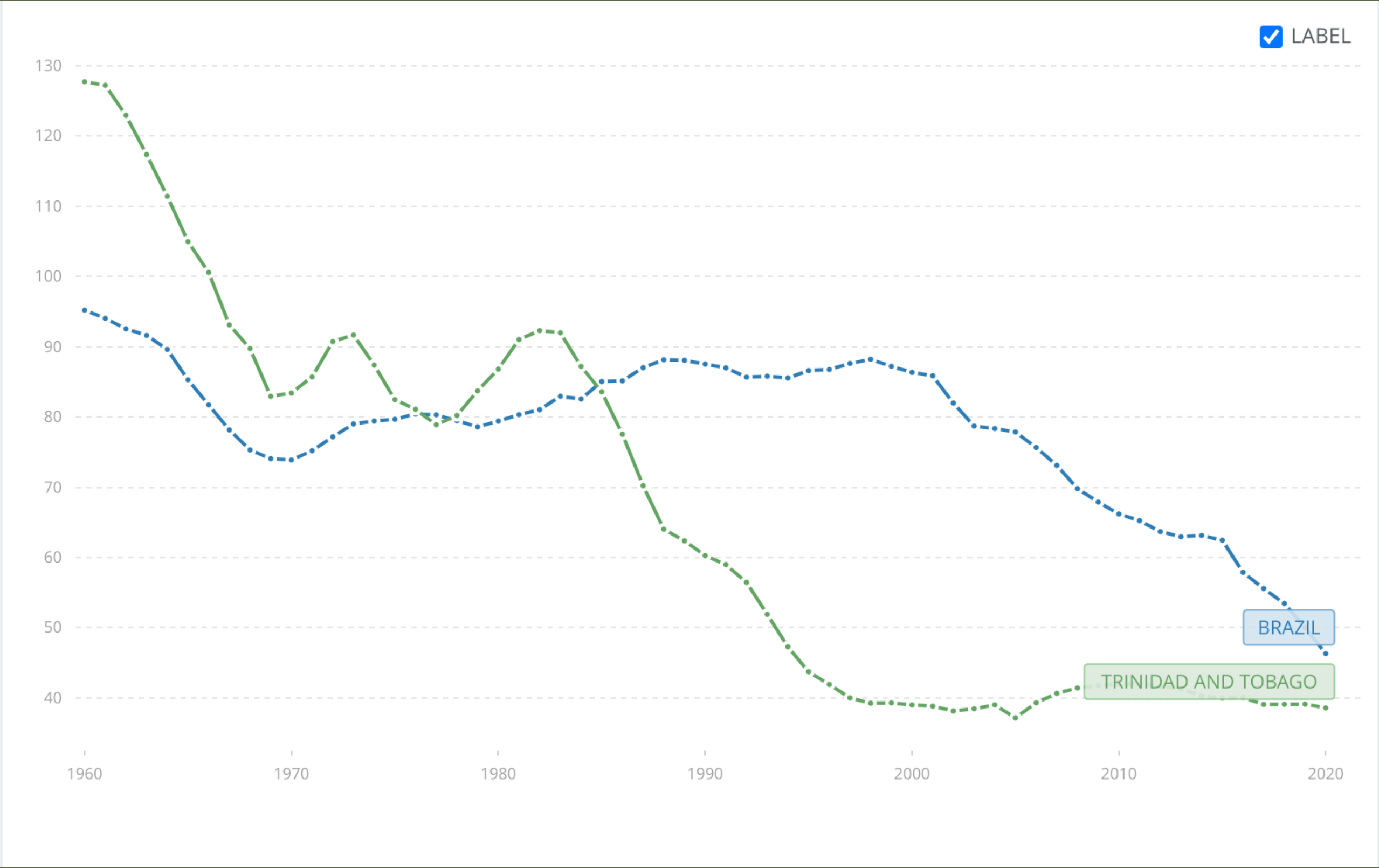
Participation:

Annissa Patrick (17, Trinidad and Tobago)
Carlesia Williams (17, Trinidad and Tobago)
Eduarda Dias (16, Brazil)
Medina Wynne (18, Trinidad and Tobago)
Vitoria Santos (15, Brazil)
Rafaella Patrice (18, Trinidad and Tobago)



Teen Pregnancy in Brazil and Trinidad & Tobago

Adolescent fertility rate (births/ 1,000 women ages 15-19)



Source: The World Bank

Causes of Teen Pregnancy

- Lack of information about sexual and reproductive health and rights
- Inadequate access to services tailored to young people
- Sexual violence
- Lack of education or dropping out of school

Challenges for teens

- Lack of support
- Hurting and shaming
- Financial problems
- Family conflicts
- Disruption of education and employment



I'm twice
as likely **not**
to graduate
high school
because
you had me
as a **teen.**

**KIDS OF TEEN MOMS ARE TWICE AS LIKELY NOT TO
GRADUATE THAN KIDS WHOSE MOMS WERE OVER AGE 22.**

Text 'NOTNOW' to 877877 for
the real price of teen pregnancy.
Standard text messaging rates may apply. Check with your service provider.

NYC
Michael R. Bloomberg
Mayor

Human Resources
Administration
Department of
Social Services
Robert Doar
Commissioner



Support for Teens

- Comprehensive sex education
- Safe and effective contraception
- Prevention of sexual violence against teenagers



PREGNANCY DOESN'T HAVE TO
CHANGE YOUR GOALS.



pregnantoncampus.org



Daughters Of Artemis

Participation:

Caitlin Wymers (17, South Africa)

Khanyii Dube (17, South Africa)

Jael Samuel (16, Trinidad and Tobago)

Anokhi Patel (17, The United States)

WHAT IS POSTPARTUM DEPRESSION?



WHY IS IT IMPORTANT TO DISCUSS POSTPARTUM DEPRESSION?

Causes of Postpartum Depression

- During pregnancy, a woman's body produces higher levels of estrogen and progesterone. In the first 24 hours after childbirth these hormones immediately set into their formal place causing a rapid drop in hormonal changes.
- Some mothers also experience PPD due to the change in their body image after giving birth (e.g Stretch marks, Change in breast size, Scars from C-Section, Weight gain/loss etc.)
- Fatigue can cause restlessness, intense irritability and difficulty bonding with baby. Lack of sleep also plays a major role in PPD.

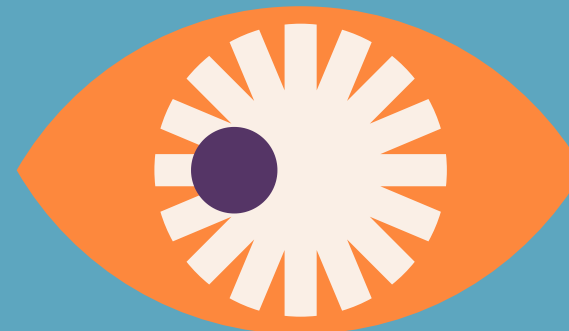
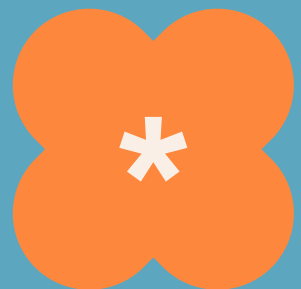
Support for Postpartum Depression

- Mothers support groups
- Professional therapist
- Family member/partner
- Trusted friend
- Experienced mothers
- Midwife and Doula
- Daycare



We all need support!

A picture is worth a thousand words



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